




Lutheran Social Services of Illinois

Pulling back the curtain on overdose

Sunday, September 29

**The Neo-Futurist Theater
5153 N Ashland Ave., Chicago**



Thank you to all who participated in our resource fair!

Lutheran Social Services of Illinois | LSSI offers addiction treatment services at four locations throughout Illinois as well as offering crisis services through both a Mobile Crisis Unit and their Welcoming Center. You can reach all of LSSI's services by calling LSSI Connect at 833.610.5774. | [LSSI.org](https://www.lssi.org)

Hope for the Day | Hope for the Day (H.F.T.D) is a non-profit movement empowering the conversation on proactive suicide prevention and mental health education. Through outreach, education, and action, we can equip people with the right tools to be proactive in their communities. | [hftd.org](https://www.hftd.org)

The Phoenix | The Phoenix is fueling a movement that builds on the power of community and belonging to change how society approaches addiction and recovery. Through hundreds of weekly sober events and activities, we're creating safe spaces for all individuals to connect, build friendships, find support, and have fun. | [thephoenix.org](https://www.thephoenix.org)

Public Health Institute of Metro Chicago/Regional Substance Use Prevention Integration Center | RSUPICS seeks to increase the capacity of institutions, organizations, and providers to address substance use and misuse among adolescents. RSUPICS programs will add to and integrate with existing substance use prevention strategies and will be applied locally through collaboration, training, and support to improve the overall health and well-being of young people. | [phimc.org](https://www.phimc.org)

YourPassion1st | YourPassion1st is a non-profit organization that empowers under-resourced young adults to find, define, and follow their passion into the workforce or entrepreneurship, becoming the world's future innovators. | [yourpassion1st.com](https://www.yourpassion1st.com)

Illinois Harm Reduction Coalition | The Illinois Harm Reduction and Recovery Coalition works to enact community-centered and intersectional policy reforms to prevent overdose death, reduce the harms associated with substance use, improve access to treatment, promote racial equity, and advance a public health rather than criminal justice approach. | [illinoisharmreduction.org](https://www.illinoisharmreduction.org)

Be SMART | The Be SMART campaign was launched in 2015 to promote responsible gun ownership in order to reduce child gun deaths. Whether you're a gun owner, or you know someone who owns a gun, there is a role for everyone in the conversation around secure gun storage. | [besmartforkids.org](https://www.besmartforkids.org)

Bridge Clinic | An urgent care clinic for those struggling with opioid and/or alcohol use. The Bridge Clinic provides rapid access to treatment without judgement. | [cookcountyhealth.org/locations/bridge-clinic/](https://www.cookcountyhealth.org/locations/bridge-clinic/)



“Narcan: The FDA Approved Time Machine”

Time travel courtesy of the life-saving overdose prevention drug Narcan with performance artist John Michael Colgin. Celebrate those who we lost and might have lost and disrupt the stigma of drug use. The show illustrates the need to know how to give help and how to receive help all while emboldening and empowering the audience to know their role in ending overdoses.

About the artists

John Michael Colgin is an award-winning international performance artist/trauma clown. What is that? Exactly...He creates interactive comedies about tough-to-talk-about topics that use audience participation to create a party vibe full of beautiful calamity. He has created 10 original plays including: John Michael and the Order of the Penix, Dementia Me, and Meatball Seance which has been performed in five countries if you count Florida. He studied theater in Stillwater, Oklahoma at Oklahoma State University.

Abby Pajakowski (Director) is a writer, performer, clown, and educator in Chicago. They have been an ensemble member of The Neo-Futurists since 2020 and Education Coordinator since 2022.

Sammy Zeisel (Co-Creator) is a theater director and filmmaker who just finished his MFA in directing at the David Geffen School of Drama at Yale University

Let's Talk Overdose Panel

Panel facilitator:

James Lones from Public Health Institute of Metro Chicago/Regional Substance Use Prevention Integration Center

Panelists:

John Michael Colgin, Performance artist and activist

Joey Tepper of the Illinois Harm Reduction Recovery Coalition

LJ Reiser of The Phoenix

Trey Settles of Lutheran Social Services of Illinois

Dr. Diana Bottari, DO, FAAP of Advocate Health Care

Jasmine Johnson of UCAN

How to use Narcan

Narcan/Naloxone is a nasal spray that can reverse the effect of opioids. If you suspect someone has overdosed, but you don't know if it was opioids you should still administer it because it is not dangerous to do so. Make sure to still call 911 as you are administering the drug.

1. Lay the person flat on their back
2. Make sure nothing is in their mouth or blocking their airway.
3. Remove the nasal spray device from the packaging.
4. Hold the device with your thumb at the bottom of the plunger and your pointer and middle fingers on either side of the nozzle.
5. Tilt the person's head back, and insert the nozzle into one nostril until both your pointer and middle fingers touch the bottom of the person's nose.
6. Firmly press the plunger to deliver the spray dose into the person's nose.
7. Remove the device.
8. Start CPR until they are breathing on their own or until emergency services arrive. The person should become responsive in 2 to 3 minutes if the Narcan worked..
9. Once they start breathing turn them on their side.
10. If in 2 to 3 minutes the person is still unresponsive or not breathing, or if breathing trouble resumes after they've started breathing, you can administer the second dose of Narcan in the opposite nostril.

**Screenshot
and keep
in case of
emergency.**