



Lutheran Social Services of Illinois

NEWS RELEASE

FOR IMMEDIATE RELEASE
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LSSI's Lincoln Manor to Sponsor Health Fair and Expo for Older Adults in Rochelle

On Thursday, October 14, Lincoln Manor Senior Housing in Rochelle, a program of Lutheran Social Services of Illinois (LSSI), will hold a Health Fair and Expo for older adults. The event will be open to the community. Those in attendance will learn about issues that older adults face and also what support is available for caregivers. This free event will run from 9 a.m. to 2 p.m. at First Presbyterian Church, located at 1106 Calvin Road in Rochelle.

“The day will be informative, not only for older adults, but also for caregivers,” says TyAnne Unger, manager of Lincoln Manor. “Information on a wide range of topics will be available, as well as flu shots from the Ogle County Health Department, and free hearing and blood pressure screenings from Rochelle Community Hospital.”

Attendees will have an opportunity to visit booths and talk with representatives from housing groups, hospitals, senior service organizations, senior centers and insurance companies. In addition, representatives from other LSSI programs — including its Care Coordination Unit, which provides assessments for older adults who need assistance; Intouch Home Care Services, which provides non-medical, in-home services, such as housekeeping, for seniors; P.A. Peterson Center for Health (Rockford); and Peterson Meadows Retirement Community (Rockford) — will be present.

For those who need transportation to the event, The Hub City Senior Center will be providing free rides. For more information, call 815/562-5050.

Participants will also have an opportunity to enjoy a lunch prepared by the Fellowship Committee of the First Presbyterian Church, which will be served from 11 a.m. until 1 p.m. The cost of the lunch — which will consist of soup, sandwich, dessert and a beverage — will be \$6 per person.

Lincoln Manor, a HUD (Housing and Urban Development) building, has 58 one-bedroom apartment units for people aged 62 or older. The facility, which offers a safe, comfortable and affordable place to live, also features a community room with a kitchen available to residents for various individual and group activities, as well as a full-time social services coordinator.

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The rental fee for apartments is determined by each resident's ability to pay. In general, rent is 30 percent of the resident's monthly income. To be eligible to live at Lincoln Manor, individuals must meet specific income guidelines from HUD.

Founded in 1867, Lutheran Social Services of Illinois is a statewide, not-for-profit social services agency of the three Illinois synods of the Evangelical Lutheran Church in America (ELCA). LSSI serves people through an array of services at 83 program sites across Illinois.

For more information about the Health Fair and Expo, call 815/562-1404. For more information on LSSI, visit www.LSSI.org or LSSI's Facebook page.

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