



Lutheran Social Services of Illinois

NEWS RELEASE

FOR IMMEDIATE RELEASE

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LSSI's West/Northwest Suburban Counseling Program Receives Grant from Walmart

The West/Northwest Suburban Counseling Program of Lutheran Social Services of Illinois (LSSI) recently received a \$5,000 grant from major retailer Walmart.

LSSI's counseling program serves adults, children, adolescents, senior adults, couples and families. The program helps individuals and families learn new coping skills, manage family conflict and resolve issues that hinder individual and family stability, well-being and self-sufficiency. Educational presentations and workshops are also available upon request from the community, and include topics such as managing stress in hard economic times, grief and loss, and parenting teenagers. This community-based program offers its services in churches located in Villa Park, Berwyn, Des Plaines, Downers Grove, Elmhurst, Prospect Heights and Wheaton.

In 2008, the West/Northwest Suburban Counseling Program provided 2,340 hours of counseling services to 259 individuals and family members. Approximately two-thirds, or 66.5 percent of LSSI's counseling clients fell at or below the low income guidelines. The West/Northwest Suburban Counseling Program is one of the few programs offered by private agencies in the area that allows clients to pay according to a sliding fee scale, making much-needed services affordable.

Founded in 1867, Lutheran Social Services of Illinois is a statewide, not-for-profit social service agency of the three Illinois synods of the Evangelical Lutheran Church in America. For more information, visit www.LSSI.org.

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